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Resources: Some things we use

Note: This is not an exhaustive list but rather a list of things we get asked about often or sometimes feature in our work

Art:

<u>Jim Chuchu</u> is a highly acclaimed filmmaker, musician and visual artist living and working in Nairobi, Kenya. His work is incredibly powerful. One image we use often is "All Oppression is Connected" <u>http://www.jimchuchu.com/oppression</u>

Anti-racism:

<u>dRworks</u> has a wealth of information regarding dismantling racism, including definitions, assumptions and workbooks, many of which can be used free of charge with proper attribution.

One resource we use often is: <u>https://www.dismantlingracism.org/uploads/4/3/5/7/43579015/okun_-</u> _white_sup_culture.pdf

Anti-racist reading list http://www.eracce.org/resources

Podcast on the limitations of an Anti-Racist reading list

Educational <u>graphic</u> on contradictions for white people in racial justice work from the Instagram account @malefragility.

LGBTQIA+:

LGBTQIA+ Resource list

<u>Clossary of terms</u> related to sexual orientation and gender identity

Article on the **Stonewall Riots** from The History Channels series on Origins, Timelines and Leaders.

Pronouns: What and Why

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Disability Rights:

<u>Disability History Timeline</u> as well as a host of other resources related to disability rights for the Michigan Disability Rights Coalition (MDRC)

<u>Disability Health Program</u> and additional disability health resources from Michigan Department of Health and Human Services (MDHHS). For more information contact Alice Frame at FrameA@michigan.gov

Body Positivity:

Website: Health at Every Size® an organization that celebrates body diversity

10 principles of Intuitive Eating

Indigenous rights:

Article from Amnesty International: What are they?

A guide to Indigenous land acknowledgement

Ageism:

Centering Diversity, Equity and Inclusion in Healthy Aging by Alexis Travis

Other teachers in the work:

https://www.sonyareneetaylor.com/

http://adriennemareebrown.net/

We would love to hear about other resources that you use! For questions about these or to provide additional resources please contact Krista Rowe, Director of Diversity, Equity and Inclusion, Event Garde at krista@eventagrde.com

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Statement and Quotes:

Do not be daunted by the emormity of the world's grief. Do justly, now. Love mercy, now. Walk humbly, now. You are not obligated to complete the work, but neither are you free to abandom it.

- the Talmud





Tonglen practice begins to dissolve the illusion that each of us is alone with this personal suffering that no one else can understand.

— Pens Chodron —

AZOUDTES



"Not everything that is faced can be changed, but nothing can be changed until it is faced."

- James Baldwin

Goalcast

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